

EASTSIDE

COLLEGE PREPARATORY SCHOOL

COVID-19 Safety Plan for Eastside College Preparatory School 2021-2022 Residential Program

This plan is based upon the guidance of the California Department of Public Health (CDPH), San Mateo County Health (SMCH), and Centers for Disease Control and Prevention (CDC) as it relates to schools and residential programs. Given the continuing evolving situation with COVID-19, we can expect public health guidance will be updated throughout the school year. We will update our practices to align with this guidance while protecting the health and safety of our students and staff in the context of our local school community.

Before moving in:

All dorm students will need to have a COVID-19 test result before moving into the dorms. The test should be administered within 3 days of moving in. Students who have taken the test but have not yet received the results can still move in and submit the results as soon as they are available. Here are the links to community testing sites:

[San Mateo County](#)

[Santa Clara County](#)

[Alameda County](#)

If you are unable to get tested prior to Saturday, please let us know and we will plan for onsite testing when the student arrives.

Residential Life

Our plan for our residential program for 2021 is to provide all of the community building activities and academic, social and emotional supports that are at the heart of our dorm programs while protecting the health and safety of all of our boarding community.

Working with the San Mateo County Health Office and the California Department of Public Health guidelines, the key factor for returning our residential programming in full is to have all of our community members vaccinated. As we communicated earlier in the summer, we are requiring all dorm students to receive COVID-19 vaccinations in order to participate in the residential program (please speak to Helen about medical or religious exemptions).

Limited Dorm Capacity and Prioritization

Our current residential capacity includes two dormitory buildings with four halls each and 9 rooms in each hall for a total of 72 student rooms. For the start of the 2021-2022 academic year, we are limiting the residential program to half of our full capacity. We will make our greatest effort to honor all requests where students and families depend on the residential program for successful participation in school. We will revisit our capacity limits during the year as conditions and guidance change.

Preparing for the Dorms

Pre-arrival Orientation Meeting

The residential faculty will host a pre-arrival virtual orientation meeting for all dorm students and parents to review all of our dorm safety protocols for the start of the fall semester and to welcome everyone to the dorm community. We will provide updates and answer questions to the best of our ability to support students and families and keep our community healthy.

Travel and Safety During Breaks

During the time between school sessions, we ask students and families to follow the guidance and [recommendations of the CDC](#) and the local health offices to protect yourself and others from COVID-19 as well as the [CDC recommendations for safety while traveling](#).

Arrival to the Dorms

For the start of the fall semester, our move in date is Saturday, August 14. We ask that all family members coming to campus at move-in are all masked while on campus. There will be designated entrances for each dorm for students to check in. With the current rise in COVID-19 cases, we are asking parents to drop off students and their belongings at the check-in area.

Testing before Arrival

COVID-19 testing will be required for all students moving into the dorms at the start of a session after a break from school. Students need to be tested prior to moving into the dorms as close to the date of move in as possible (within 3 days of moving in) and the results shared with Janelle in the front office. While awaiting test results between testing and arrival to the dorms, students should isolate as much as possible prior to the move in date.

If students are symptom free, they can also make an appointment for testing and plan to come to the dorms directly from the testing appointment. If a student has not tested before the move in day, we will test students when they arrive. If the initial test returns a

positive result, the student will need to depart from the residences to isolate. Students must meet all criteria before returning to campus:

- Isolate for 10 days from the onset of symptoms
- A decrease in symptoms of COVID-19
- 24 hours with no fever without the use of fever-reducing medications

Daily Symptoms Checks

A critical safety measure is for students to monitor symptoms daily and communicate with an RF if they are experiencing any of the common symptoms of COVID-19. If a student does not feel well or develops symptoms of COVID-19, the student will report to the wellness check in area for a full symptoms check and COVID-19 testing.

If a student develops symptoms during non-school hours or the weekend, the student should notify their residential faculty member on duty and describe their symptoms. The residential faculty member will contact parents and conduct an antigen COVID-19 test. If the test result is positive, the student will do a PCR test and isolate until results are available. Students need to go home if it is not possible to isolate effectively in the dorms.

If a student tests positive, they will remain at home and may return to campus when they meet all of the following criteria:

- Isolate for 10 days from the onset of symptoms
- A decrease in symptoms of COVID-19
- 24 hours with no fever without the use of fever-reducing medications

Meals

Dinners will be served in the cafeteria and students will eat outdoors to the greatest extent possible. There are ample spaces for students to eat meals outdoors. On days with inclement weather, the cafeteria will be open for meals maximizing social distance. These meal protocols may change depending on changing conditions.

Daily Routine Outside of the Restricted Period

The following schedules and routines will remain the same as our typical residential programming.

- Daily schedule for wake-up and dorm departure times
- Daily schedule for meals and evening tutorials
- Daily schedule for quiet time, free time and lights out by grade level

The following are modifications from our typical residential program.

- Campus grounds and buildings are closed to visitors outside of school hours.
- Non-residents are not allowed in the residence buildings.
- Masks must be worn at all times except in a student's own dorm room, when eating and properly distanced, or when brushing teeth, washing face, or showering in the assigned bathroom in the dorms. Students may only use their assigned bathroom in their hall.
- Unvaccinated students who leave the dorms for the weekend will test when they return and test again three days later in addition to the weekly PCR testing.
- Weekend activities will be more limited to on-campus activities and outdoor activities that allow for physical distancing.

COVID-19 Testing

- Unvaccinated students will need to complete weekly testing.
- Eastside will provide weekly PCR testing on campus for all unvaccinated students. Students may choose to use outside vendors or clinics for PCR testing and submit the test result to Eastside.
- Unvaccinated students who leave the dorms for the weekend will test when they return and three days after.
- Fully vaccinated students do not need to test regularly unless they are experiencing COVID-19 symptoms.
- You are considered fully vaccinated 14 days after your final vaccine dose.

Testing scenarios:

COVID-19 positive case: Dorm students who have tested positive for COVID-19 will be assigned to the isolation area until they can be picked up by a guardian. The student can return to campus after meeting the following criteria:

- Isolate for 10 days from the onset of symptoms
- A decrease in symptoms of COVID-19
- 24 hours with no fever without the use of fever-reducing medications

Refer to the Eastside COVID-19 Safety Plan for the protocols for response testing and quarantine.

Additional Considerations

We hope to ease restrictions whenever we can do so safely and in accordance with the guidelines from the county. We will communicate and discuss any changes with residents and families throughout the summer program and the school year.